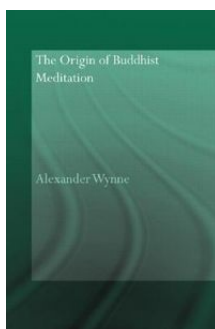


THE ORIGIN OF BUDDHIST MEDITATION

Having identified early material that goes back to the Buddha himself, the author argues that the two teachers of the Buddha were historical figures. Based on the early Brahminic literature, namely the early Upanishads and...



READ/SAVE PDF EBOOK

The Origin of Buddhist Meditation

Author	Alexander Wynne
Original Book Format	Hardcover
Number of Pages	169 pages
Filetype	PDF / ePUB / Mobi (Kindle)
Filesize	4.13 MB

Click the button below to save or get access and read the book The Origin of Buddhist Meditation online.



Reader's Opinions

What, if anything, do we know about the Buddha? In addition to its importance for Buddhist studies, this question is or at least should be of fundamental interest to those who consider themselves the Buddhas followers. But scholars have grown increasingly sceptical of efforts to find...

I loved so much this book. It made me wish there were other serious books on history of buddhist meditation -- or meditation in general. His style and logical flow is very clear, and his development indeed...